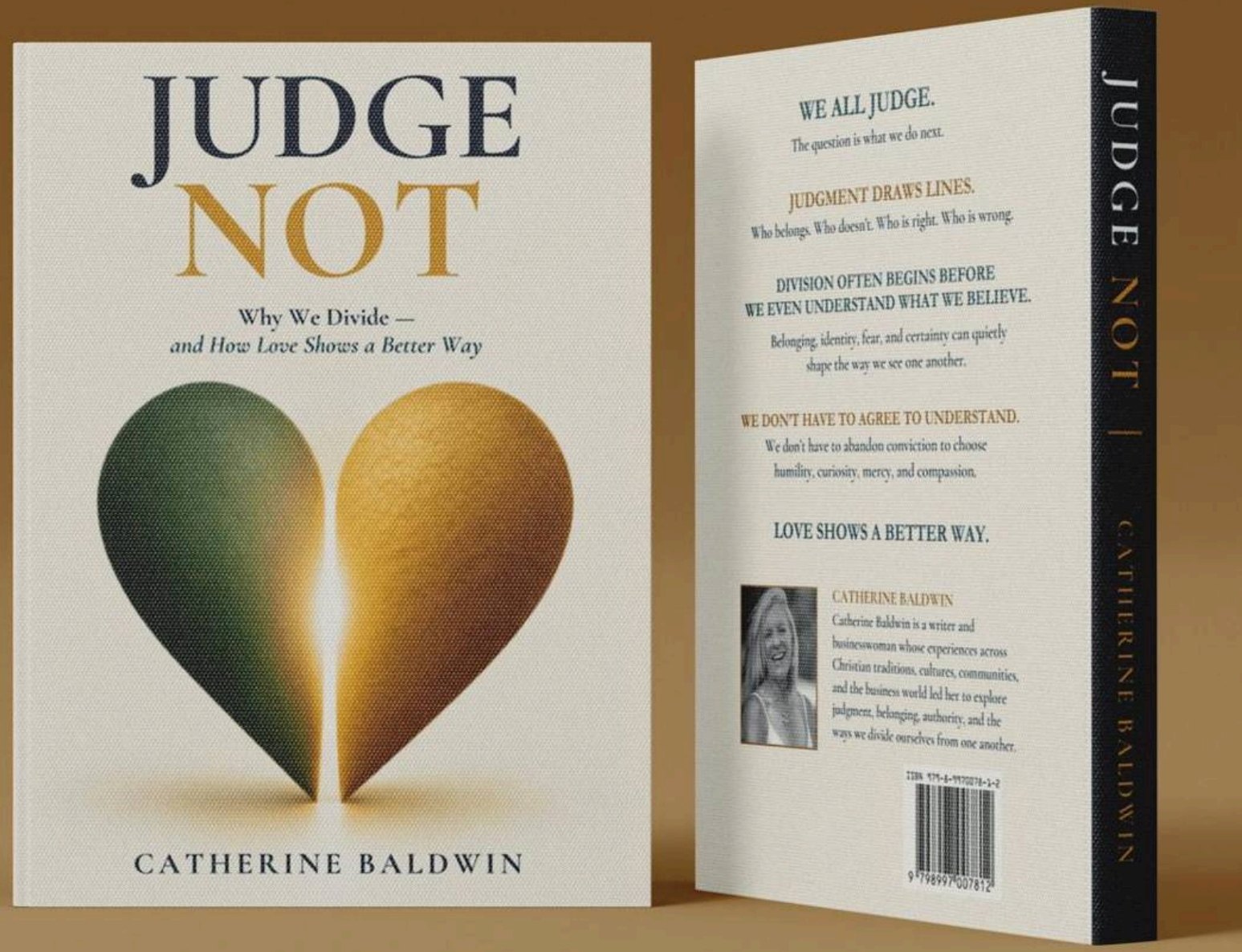
Judge Not

Why We Divide — and How Love Shows a Better Way

CATHERINE BALDWIN

TRIM	6 × 9 in · 249 pages
FORMATS	Paperback · Hardcover · Kindle
PLATFORMS	Amazon KDP · IngramSpark
MY ROLE	Interior · Cover · Print prep · ebook
TIMELINE	Aug – Sep 2026



A serious book about judgment that had to feel *warm, not academic.*

WHAT CAME IN

A 249-page manuscript in six parts and fifteen chapters, with an epigraph before every chapter, "Pause & Reflect" prompts, a dedication, a note to the reader, and a full sources and credits section.

WHAT I DID

I gave each structural layer its own voice on the page so readers always know where they are, designed a cover built on one central image, and prepared every file for both KDP and IngramSpark.

PALETTE, PULLED FROM THE COVER ART

Navy | Gold | Sage | Cream

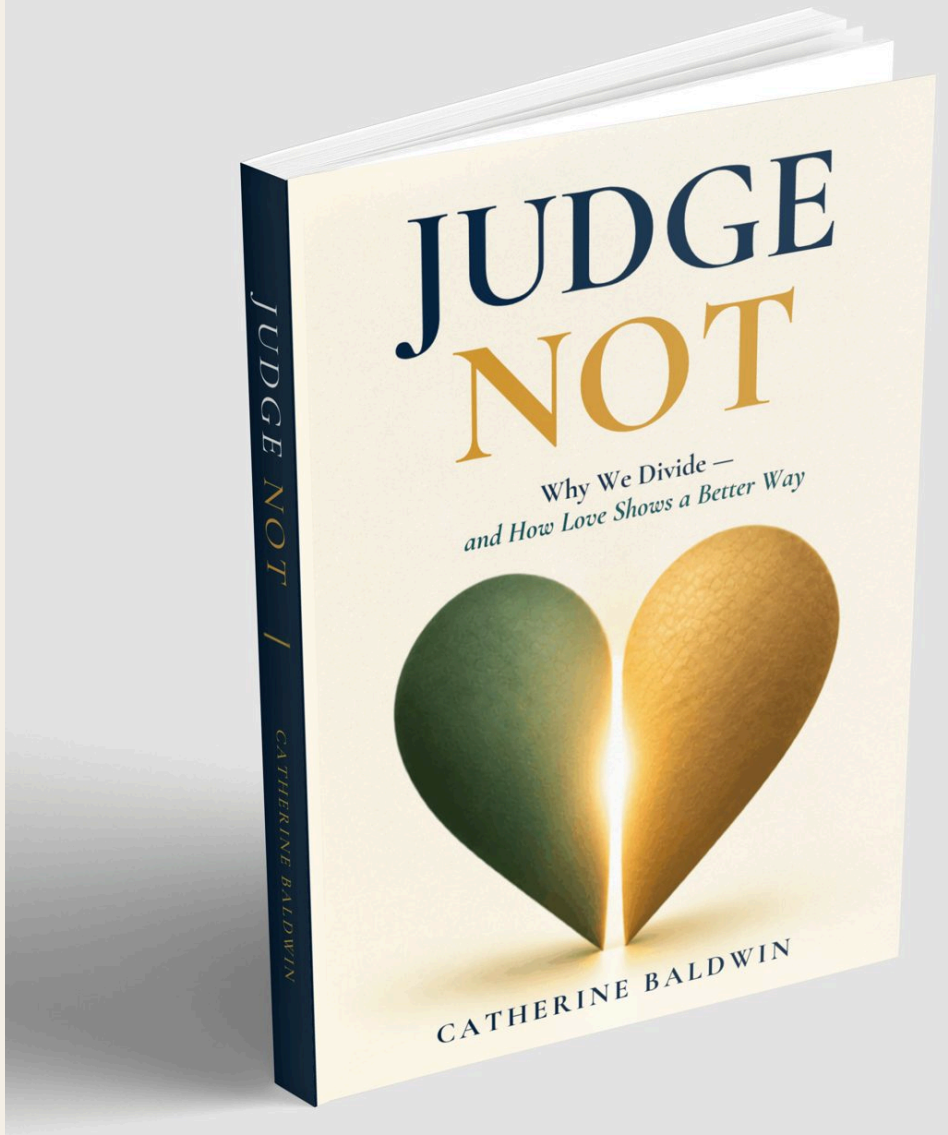
INTERIOR TYPE

Aa Gg

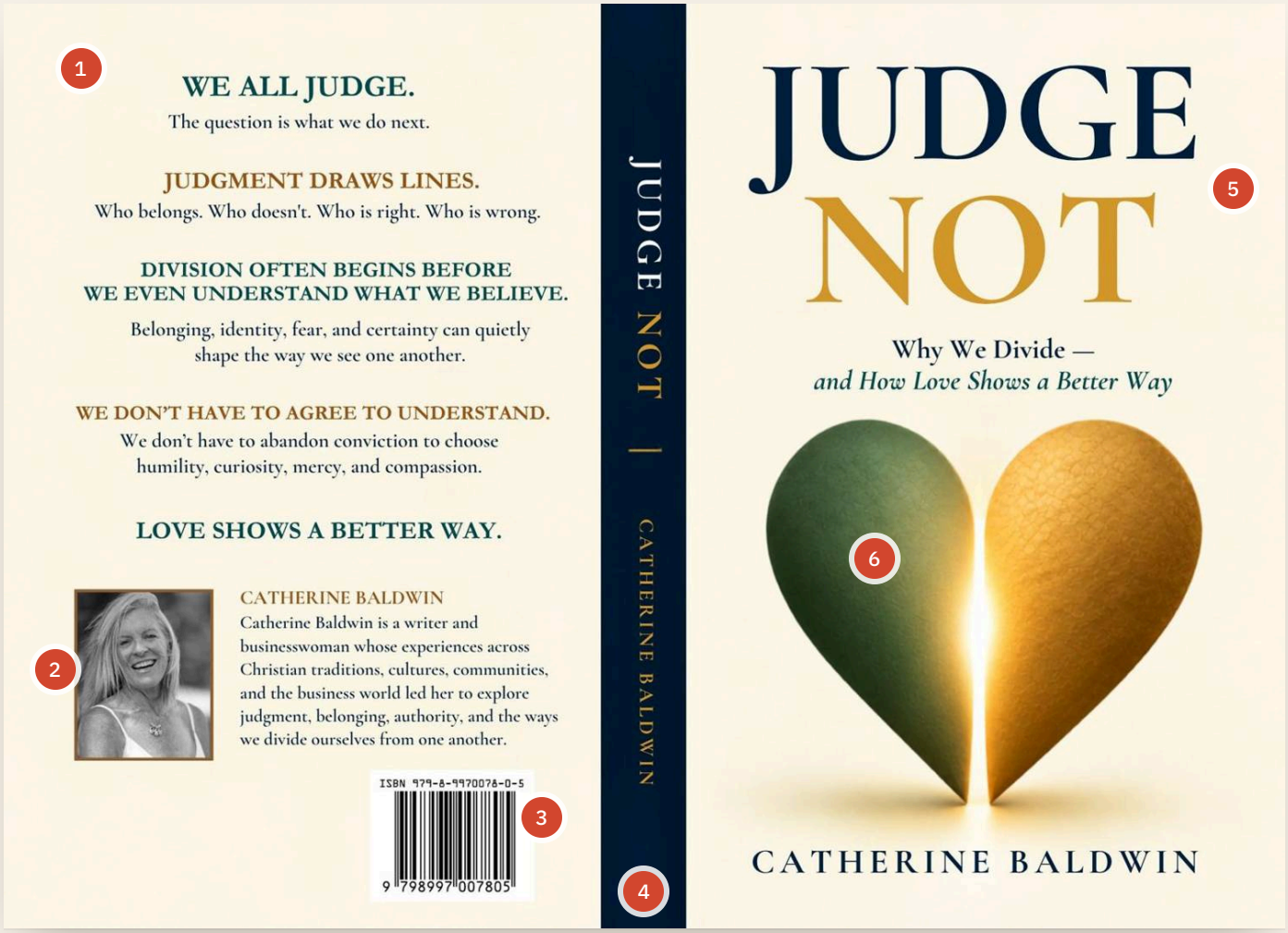
Cormorant Garamond
Body text, 11 pt

AA GG

Bebas Neue
Section headings



One image carries the whole argument.



1. **Back copy as a staircase**
   Five short claims, alternating teal and gold, so a browser can read the book's argument in about six seconds.

2. **Author block**
   Photo framed in the gold accent, with a two-line bio that sells credibility rather than a résumé.

3. **ISBN and barcode**
   Placed inside the safe zone and checked against both printers' templates.

4. **Spine sized to the page count**
   A navy band with the title in gold, readable spine-out on a shelf.

5. **Title lockup**
   JUDGE in navy and NOT in gold: two colours, two sides, one title.

6. **The split heart**
   Sage and gold halves with light breaking through the seam. Division, and the love that bridges it.

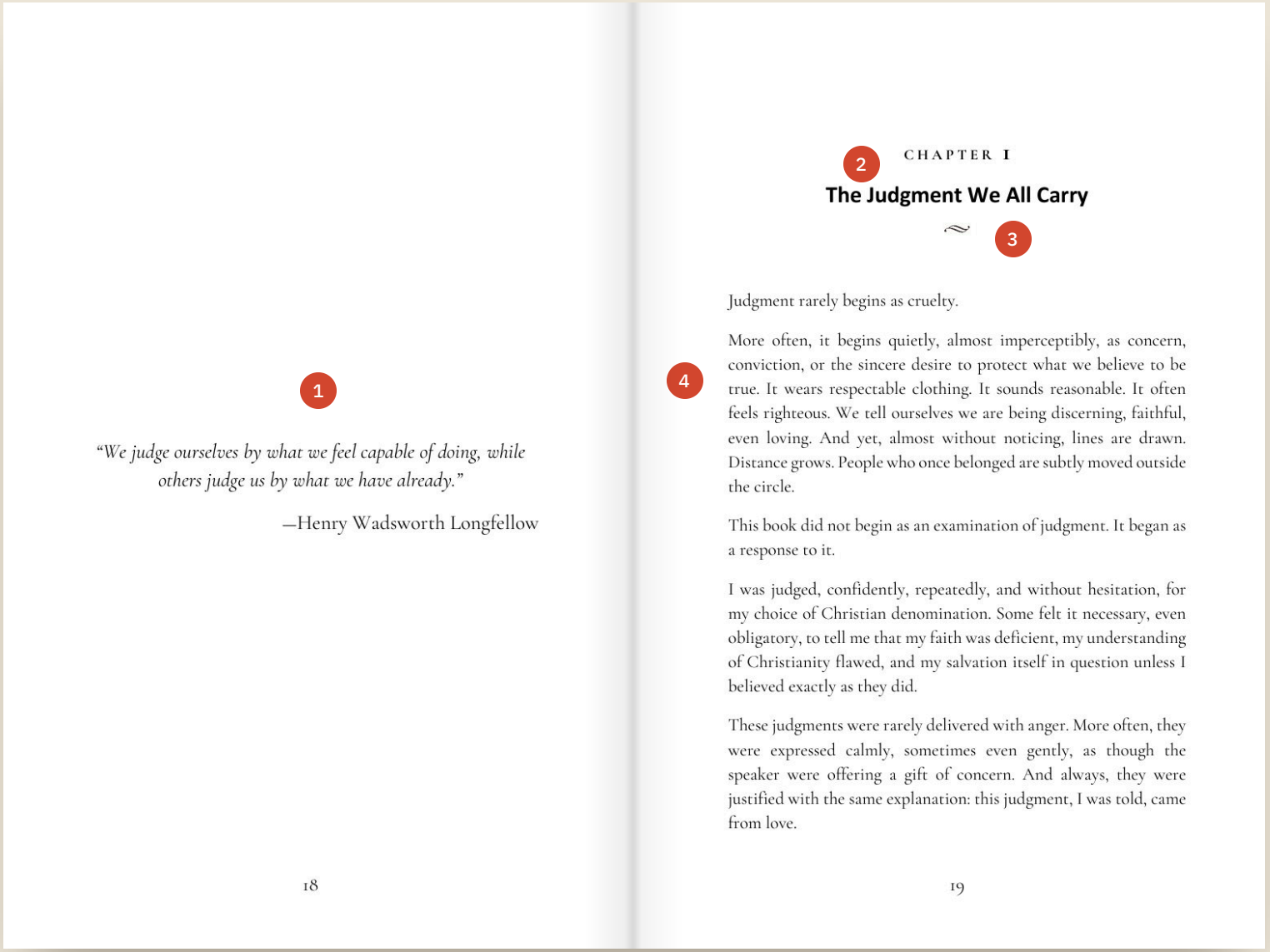
Every chapter gets a moment of *quiet* before it begins.

1. **Epigraph page**
   A centred italic quote on its own page, with the attribution set ragged-right beneath it.

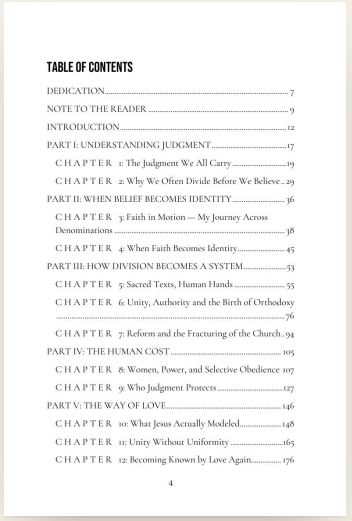
2. **Letter-spaced chapter label**
   Small capitals, generously tracked, so the number is felt rather than shouted.

3. **Ornament divider**
   A single swash repeated on every opener and part page, so the book has one visual signature.

4. **Body text**
   Cormorant Garamond, justified with even word spacing, set with roomy line spacing for long reflective reading.



Six kinds of page, one consistent voice.


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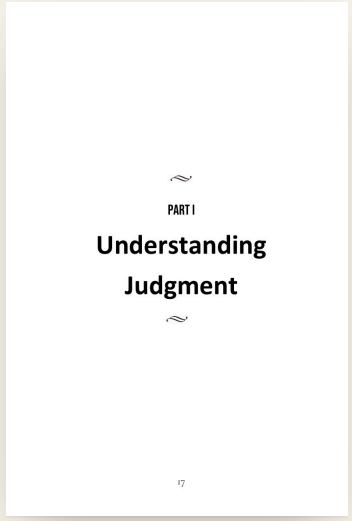
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Parts and chapters nested, with dot leaders to the page numbers.


PART I

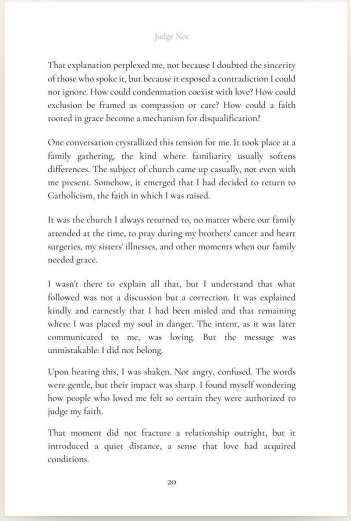
Understanding Judgment

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Part opener

Six parts, each framed by the ornament, on a page of its own.



That explanation perplexed me, not because I doubted the sincerity of those who spoke it, but because it exposed a contradiction I could not ignore. How could condemnation coexist with love? How could exclusion be framed as compassion or care? How could a faith rooted in grace become a mechanism for disqualification?

One conversation crystallized this tension for me. It took place at a family gathering, the kind where familiarity usually softens differences. The subject of church came up casually, not even with me present. Somehow, it emerged that I had decided to return to Catholicism, the faith in which I was raised.

It was the church I always returned to, no matter where our family attended at the time, to pray during my brothers' cancer and heart surgeries, my sisters' illnesses, and other moments when our family needed grace.

I wasn't there to explain all that, but I understand that what followed was not a discussion but a correction. It was explained kindly and earnestly that I had been misled and that remaining where I was placed my soul in danger. The intent, as it was later communicated to me, was loving. But the message was unmistakable: I did not belong.

Upon hearing this, I was shaken. Not angry, confused. The words were gentle, but their impact was sharp. I found myself wondering how people who loved me felt so certain they were authorized to judge my faith.

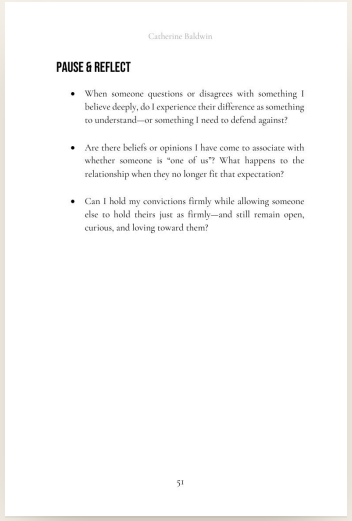
That moment did not fracture a relationship outright, but it introduced a quiet distance, a sense that love had acquired conditions.

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Running heads

Title on the left page, author on the right, dropped on chapter openers.



PAUSE & REFLECT

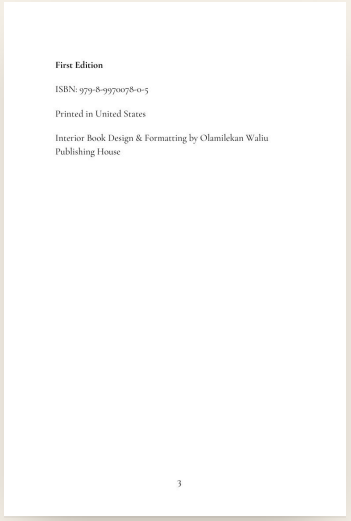
- When someone questions or disagrees with something I believe deeply, do I experience their difference as something to understand—or something I need to defend against?
- Are there beliefs or opinions I have come to associate with whether someone is "one of us"? What happens to the relationship when they no longer fit that expectation?
- Can I hold my convictions firmly while allowing someone else to hold theirs just as firmly—and still remain open, curious, and loving toward them?

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Pause & Reflect

Reader prompts styled as their own element, so they stand apart from the text.


First Edition

ISBN: 979-8-9970078-0-5

Printed in United States

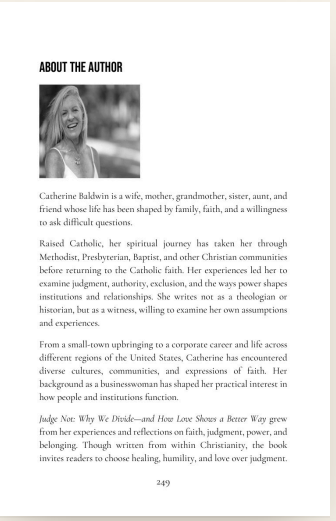
Interior Book Design & Formatting by Olamilekan Waliu
Publishing House

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Copyright page

Edition, ISBN, print line and design credit, all to industry convention.


ABOUT THE AUTHOR

Catherine Baldwin is a wife, mother, grandmother, sister, aunt, and friend whose life has been shaped by family, faith, and a willingness to ask difficult questions.

Raised Catholic, her spiritual journey has taken her through Methodist, Presbyterian, Baptist, and other Christian communities before returning to the Catholic faith. Her experiences led her to examine judgment, authority, exclusion, and the ways power shapes institutions and relationships. She writes not as a theologian or historian, but as a witness, willing to examine her own assumptions and experiences.

From a small-town upbringing to a corporate career and life across different regions of the United States, Catherine has encountered diverse cultures, communities, and expressions of faith. Her background as a businesswoman has shaped her practical interest in how people and institutions function.

Judge Not: Why We Divide—and How Love Shows a Better Way grew from her experiences and reflections on faith, judgment, power, and belonging. Though written from within Christianity, the book invites readers to choose healing, humility, and love over judgment.

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About the author

Portrait and bio closing the book in the same tone as the back cover.



CASE 01 · WHAT THE AUTHOR RECEIVED

Upload-ready for two printers, in every format.

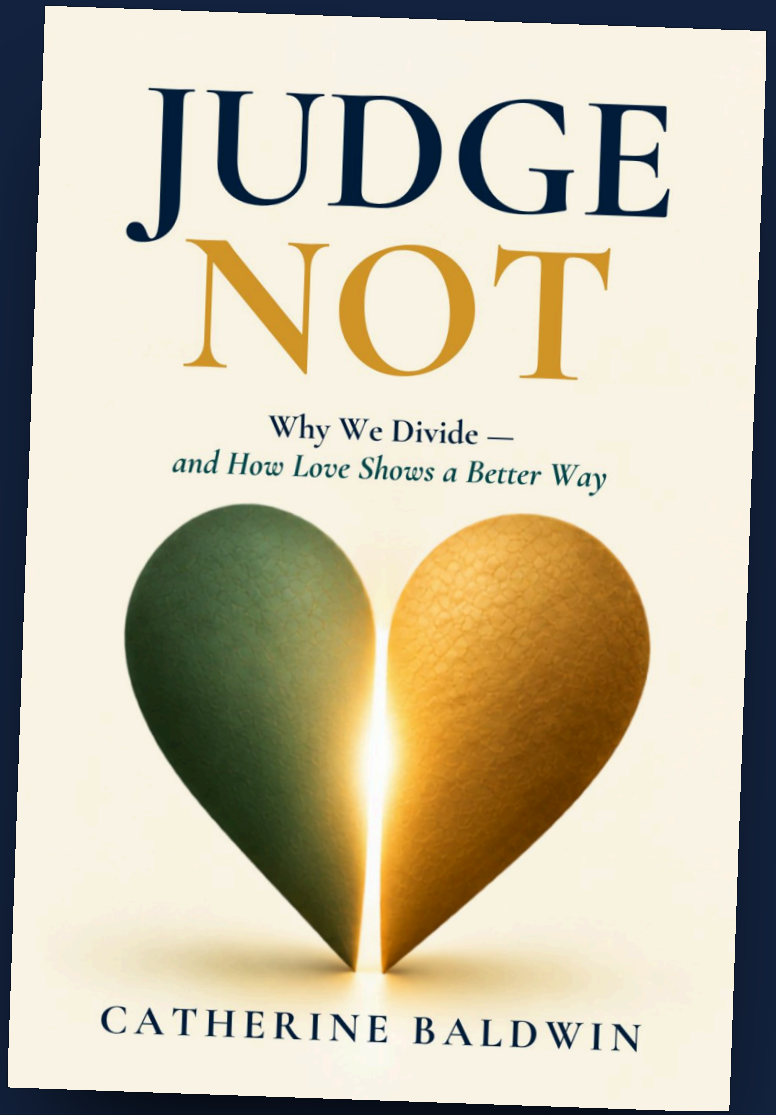
FILE	KDP	INGRAM
Paperback interior · PDF	●	●
Hardcover interior · PDF	●	●
Paperback cover wrap · PDF	●	●
Hardcover case wrap · PDF	●	●
Kindle cover · PNG	●	●
Reflowable EPUB + KPF	●	–
Fixed-layout EPUB	●	●
Editable Word masters	●	●
3D mockups · publishing guide · launch playbook	●	●

Covers were built separately for KDP and IngramSpark because their spine and bleed specifications differ. Getting that detail wrong is one of the most common reasons self-published files get rejected.

“

“Olamilekanwaliu did a spectacular job on formatting my manuscript, designing the covers and providing a comprehensive marketing plan. He went above and beyond, even having to do some manuscript editing (that my editor failed to do). He was always cooperative and kind. I highly recommend him!!”

FIVERR REVIEW FROM THIS CLIENT · JUDGE NOT



YOUR BOOK NEXT

Send me the manuscript. *I'll handle the rest.*

TO GET A QUOTE, MESSAGE ME WITH

01 Your word count

02 Genre and audience

03 Formats you want (ebook, paperback, hardcover)

04 Your target launch date